

May 9<sup>th</sup>-10<sup>th</sup> , 2020 Sermon

## Hope in God

Psalm 42:5

Pastor Brandon Sales



## Psalm 42

As a deer pants for flowing streams, so pants my soul for you, O God. My soul thirsts for God, for the living God. When shall I come and appear before God? My tears have been my food day and night, while they say to me all the day long, “Where is your God?” These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival. Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God. My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar. Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have gone over me. By day the Lord commands his steadfast love, and at night his song is with me, a prayer to the God of my life. I say to God, my rock: “Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?” As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, “Where is your God?” Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

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Read Psalm 42 as a group

- 1) What are some of the reasons why Christians struggle to bring their pain before God and one another? What do you find most difficult about facing pain in your life?
- 2) What is one area in your life that hurts or feels uncomfortable right now? (Have each person share) Do you find that its drawing you closer to God or away from Him? Why?
- 3) In verse 5, David begins to “preach to himself” by reminding himself of God’s goodness. What truth of God’s goodness and character do you need to be reminded of today?
- 4) Lets say that someone came to you and said, “I don’t feel God’s presence right now.” What would you say? Are there ways that you could encourage them beyond words?
- 5) What would it look like for you to hope in God this week? Ask God for a tangible action step. What would it look like to live that out this week?